

SILVERWINGS

“Back to the basics”

Vol. 32, Issue 40

Columbus Air Force Base, Miss.

October 3, 2008

Weather



Today

High: 80, Low: 50
Sunny



Saturday

High: 83, Low: 53
Sunny



Sunday

High: 81, Low: 58
Sunny



Monday

High: 80, Low: 61
Partly Cloudy

News Briefs

09-01 Assignment Night

Specialized Undergraduate Pilot Training class 09-01 will be having their assignment night Oct. 10 at the Columbus Club at 5 p.m..

09-AB IFF Graduation

The 09-AB IFF Graduation will be held Oct. 9 at the 49th Fighter Training Squadron's Heritage Room at 4:49 p.m.

Military Appreciation Day

Elm Lake Golf Course will provide free golf for all active duty military personnel Sunday from 2-6 p.m. Free hamburgers and hotdogs will also be provided following the golf session. Advanced tee times and military ID are required. Call 329-8964 to schedule a tee time or to receive more information.

Inside



Feature 10

Fire prevention week 2008: “Prevent home fires” is highlighted in this weeks feature spotlight.



U.S. Air Force photo by Airman Josh Harbin

Brigadier Gen. Bradley Pray, Deputy Director of Air, Space and Information Operations, Headquarters Air Mobility Command, reflects on Columbus AFB and its team shortly after receiving a T-1 Jayhawk orientation flight from the 48th Flying Training Squadron Sept. 26. General Pray was the graduation speaker for Special Undergraduate Training Class 08-15.

General Pray offers advice to SUPT 08-15 graduates

Airman Josh Harbin

14th Flying Training Wing Public Affairs

Brigadier Gen. Bradley Pray spoke to the Specialized Undergraduate Pilot Training class 08-15 in a ceremony held at Kaye Auditorium Friday.

General Pray is the Deputy Director of Air, Space and Information Operations, Headquarters Air Mobility Command, Scott AFB, Ill. He is responsible for policy and procedures for worldwide air operations and transportation functions assigned to the command. He is a command pilot with more than 4,800 flight hours in the C-130 E/H models.

The General spoke of the importance of leaders setting examples for their subordinates by doing things correctly

and efficiently by adhering to the Air Force Core Values.

“You will encounter opportunities to take shortcuts and cut corners... don’t do it because you set the standard for your crew and those around you,” said General Pray.

Later during an interview following the ceremony, General Pray wished to remind pilots that attitude is everything and everyone contributes to the overall accomplishment of the mission.

He said, “You’ve got to be willing to go above and beyond your own and others’ expectations.”

Reflecting on the BLAZE Team’s mission of training pilots, General Pray noted, “Columbus AFB puts forth a tremendous training effort. The wing’s leadership has done a great job ensuring all the student pilots know what to expect.”

COLUMBUS AFB TRAINING TIMELINE

PHASE II				PHASE III				IFF				WING SORTIE BOARD			
Squadron	Senior Class	Squadron Overall	Track Select	Squadron	Senior Class	Squadron Overall	Graduation	Squadron	Senior Class	Squadron Overall	Graduation	Aircraft	Required	Flown	Annual
37th (09-10)	4.15 day	4.58 days	Nov. 13	48th (09-01)	-0.63 days	0.70 days	Oct. 24	49th (09-AB)	0.54 days	0.31 days	Oct. 09	T-6	132	165	165
41st (09-09)	3.42 days	-0.21 days	Oct. 21	50th (09-01)	-2.93 days	4.40 days	Oct. 24					T-1	48	49	49
												T-38	42	42	42
												IFF	12	11	11

Graduation speaker: The graduation speaker is Maj. Gen. David J. Eichhorn, Commander, Air Force Flight Test Center, Edwards Air Force Base, Calif.

Track Select

2nd Lt. Shawn Bailey	T-1
2nd Lt. Albert Bond	T-1
2nd Lt. Robert Butler	T-1
2nd Lt. Joshua Dove	T-1
2nd Lt. Matthew Downing	T-38
2nd Lt. Erik Evans	T-1
2nd Lt. Zachary Fulton	T-44
1st Lt. Zack Glaser	T-1
2nd Lt. Duane Harrigan	T-1
2nd Lt. Benjamin Jamison	T-1
2nd Lt. Michael Koob	T-38
2nd Lt. Bryan Machen	T-1
2nd Lt. Daniel Oldham	T-44
2nd Lt. Daniel Quinlan	T-44
2nd Lt. Bobby Scott	T-1
2nd Lt. Leonard Spigiel	T-44
2nd Lt. Phillip Stewart	T-1
2nd Lt. Keith Vandagriff	T-38
2nd Lt. Jeffrey West	T-1



Top Guns

Contact: 2nd Lt. Keith Vandagriff
Instrument: 2nd Lt. Joshua Dove
Formation: 2nd Lt. Michael Koob

Leverette Award

2nd Lt. Michael Koob

09-08

SILVER WINGS

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Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

Published by the Commercial Dispatch Publishing Company, Inc., a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 14th Flying Training Wing.

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Editorial content is edited, prepared and provided by the 14th Flying Training Wing Public Affairs Office of Columbus AFB, Miss.

The SILVER WINGS staff reserves the right to edit or rewrite all copy submitted when necessary. All photos are U.S. Air Force photos unless otherwise stated.

Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired publication date. The advertising department can be reached at (662) 328-2427.

14TH FLYING TRAINING WING DEPLOYED

As of press time, 32 BLAZE TEAM members are deployed worldwide. Remember to support the Airmen and their families while they are away.



September enlisted promotions



U.S. Air Force photo by Elizabeth Owens

The 14th Flying Training Wing congratulates the September enlisted promotees. Pictured are: to Airman: Ross Fant, 14th Security Forces Squadron; to Senior Airman: Amanda Fitzgerald, 14th Medical Operations Squadron.

Buckle Up

FPCON ALPHA Applies when there is an increased general threat of possible terrorist activity against personnel or facilities, and the nature and extent of the threat are unpredictable.

The Airman's Creed ... one verse at a time

Chief Master Sgt. Barbara Steffen
14th Medical Group Superintendent

What is a creed?

The word **creed** is derived from the Latin credo for "I believe" and credimus for "we believe". In simplest terms, a creed is a statement of belief. Our **Airman's Creed** provides a tangible statement of beliefs which concisely puts into words the warfighting spirit which exists in Airmen past and present. It pinpoints the warrior ethos which is at the heart of every American Airman. It focuses us on the end results of our BLAZE mission.

I am an **American Airman**

Being an Airman isn't unique—106 of the United Nations 194 member countries have an Air Force. However, being an **American Airman** is! "The mission of the United States Air Force is to fly, fight and win...in air, space and cyberspace." Our new mission statement reflects our rich heritage and continuing commitment to provide decisive air and space power on behalf of national leaders and the Joint team. For example, it was **American Airmen** who provided over 100 fighter aircraft to the American skies in response to the terrorist attacks

of Sept. 11, and **American Airmen** just flew the 50,000th sortie for this operation June 8. Bottom line...Every 14th Flying Training Wing Airman is critical to our nation's sovereignty!

I am a **warrior**

Today's Airmen expect to be deployed. Overall, more than 33,000 Airmen are deployed to contingencies across the globe; of that number, 26,000 Airmen are in the fight in the CENTCOM AOR, to include Iraq, Afghanistan and the Horn of Africa. The mission is dangerous; therefore, the **warrior** ethos must part of every Airman.

I have answered my **nation's call**.

Many of our current Airmen joined the Air Force after Sept. 11. Those Airmen understood the environment they were walking into... Their nation was at war. Within our BLAZE team, these Airmen greatly outnumber those of us who joined before Sept. 11. Regardless of the date of service, everyone solemnly swore to "support and defend the Constitution of the United States against all enemies, foreign and domestic." Whether at war or peace, for offense or defense, for humanitarian assistance or military advice, every BLAZE team Airman is there at our **nation's call**.

The Airman's Creed

*I am an American Airman.
I am a warrior.
I have answered my nation's call.*

*I am an American Airman.
My mission is to fly, fight, and win.
I am faithful to a proud heritage.
A tradition of honor,
And a legacy of valor.*

*I am an American Airman
Guardian of freedom and justice,
My nation's sword and shield,
Its sentry and avenger.
I defend my country with my life.*

*I am an American Airman.
Wingman, leader, warrior.
I will never leave an Airman behind.
I will never falter,
And I will not fail.*

In Focus

Richard Holifield
Civilian



Job Title: Aircraft Maintenance
Quality Assurance Evaluator
Time at Columbus AFB: 30 years
Time in Service: 35 years
Hometown: Columbus, Miss.
Family: His wife, Ella
Favorite Musical Artist: Johnny Cash
Favorite Movie: All John Wayne
movies
Pet Peeve: None
Bedside Book: Bible (NKJV)
Inspirations: Jesus Christ
Personal Motto: Be and do the best
you can.

14th CES Airman reenlists



U.S. Air Force photo by Airman Josh Harbin
Staff Sgt. David Lokken, 14th Civil Engineer Squadron, takes the Oath of Enlistment from Lt. Col. Peter Ridilla, 14th CES commander. Sergeant Lokken reenlisted for an additional four years of service.

OSC puts on Fall Festival

The Columbus Officer's Spouse's Club invites you to join them for a fall festival at the Columbus Club Oct. 14 at 6:30 p.m. The menu for the evening will include schnitzel, German potato salad and caramel apple's among other things. Bring along your favorite Halloween picture to be entered into the best Halloween picture contest. The price will be \$10 for Club members and \$12 for non-members. Reservations are mandatory so please RSVP by Oct. 9 to coscrsvp@yahoo.com.

October is National Breast Cancer Awareness Month

Maj. Lisa Davison

14th Medical Operations Squadron

Please join the 14th Medical Group to celebrate National Breast Cancer Awareness Month during the month of October. According to the American Cancer Society, breast cancer ranks second only to certain skin cancers as the most common cancer in women. Currently breast cancer accounts for approximately one of every three new cancers diagnosed. Men are at a lower risk of developing breast cancer but should still be aware of the risks factors and symptoms. According to the Center for Disease Control and Prevention, in 2004 there were 188,772 women and 1,815 men who were diagnosed with breast cancer.

Breast cancer is a disease in which abnormal cells, specifically in the breast tissue, grow out of control. Symptoms may or may not be present and can include the following: lump in the breast or underarm, thickening or swelling in part of the breast, irritation or dimpling of the breast skin, redness or flaky skin in the nipple or breast area, pulling in of the nipple, nipple discharge other than breast milk, a change in the size or shape of a breast, and pain in the nipple or breast. Although these symptoms can occur with conditions that are not cancer, women and even men with any of these signs should seek medical care as soon as possible.

Certain risk factors increase the likelihood of developing breast cancer. These include older age, never giving birth or being older at the birth of your first child, never breastfeeding, younger age at start of menstrual cycle or

older age at start of menopause, personal or family history of breast cancer (mother, sister, daughter), being overweight and/or not getting regular exercise, long-term use of hormone replacement therapy and drinking more than one alcoholic drink per day. Having any of these risk factors does not mean you will develop breast cancer. However, it



is important to discuss any risk factors you have with your provider and discuss ways to lower your risk.

Breast cancer screening is important since cancer can be identified before any signs or symptoms appear. Treatment for breast cancer is more likely to work well when the disease is found in the early stage. There are three main tests

used to screen for breast cancer: mammogram, clinical breast exam by a healthcare provider and self breast exam. A mammogram is an x-ray of the breast and is recommended every one to two years for women 40 years and older. According to the Department of Health and Human Services it is the best method to detect breast cancer early and has been found to lower the risk of dying from breast cancer. If you choose to have clinical breast exams or to perform breast self-exams, be sure you also get regular mammograms.

The 14th MDG currently offers multiple services for breast cancer screening. A clinical breast exam is accomplished as part of a well-women exam with your primary care manager or the Women's Health Nurse Practitioner. The 14th MDG also offers a self-request mammogram program. If it has been at least one year since your previous mammogram, you can contact the appointment line directly at 434-2273 to schedule your mammogram. If you are enrolled to a doctor down town, you need only to provide the radiology department with their full name and their fax number so they can receive the results.

This year's logo is "Proud to Wear Pink". There will be an informational display in the lobby all month. Also, there will be a Women's Health Fair Oct. 25 from 8 a.m. to 11 a.m. in the clinic with scheduled appointments for pap smears and breast exams as well as mammography. Informational and educational displays as well as free give-aways will also be available throughout the facility. We will also have the ability to schedule future exams as needed. Please stop by and bring a friend, even if you don't have a scheduled appointment.

Education options available through St. Leo



U.S. Air Force Photo

Dew White, director of St. Leo University at Columbus AFB, explains to Chief Master Sgt. Richard Brackett, Columbus AFB Command Chief, the options that are available to BLAZE team members and their families through the education center on base at the St. Leo University open house. Airmen and their dependents can receive degrees in Business Administration, Criminal Justice and Psychology. Registration is ongoing for classes that start Oct 20. For more information call St. Leo at 434-8844.

Welcome Mr. Gibson

John H. Gibson II is the Assistant Secretary of the Air Force for Financial Management and Comptroller, Washington, D.C. He is principally responsible for exercising the comptroller functions of the Department of the Air Force, which include financial management activities and operations

as well as advising the Secretary of the Air Force on financial management. With nearly 700,000 military and civilian personnel and a budget of more than \$124 billion, Mr. Gibson serves as the Air Force's Chief Financial Officer responsible for providing the financial management and analytical services necessary for the effective and efficient use of Air Force resources.

Mr. Gibson entered public service in February 2006 as the Deputy Under Secretary of Defense for Management Reform. In this role he identified, eval-



uated, prioritized and pursued defense-wide opportunities for management improvement, particularly those with an impact on Department of Defense resources. Additionally, he proposed and assisted others in developing, executing and monitoring improvement action plans to address these opportunities including the

development of policies, standards and procedures to support success. Functional areas of involvement included program/budget, financial operations/reporting and financial systems.

Between July 2006 and July 2007, Mr. Gibson also served as the acting Deputy Under Secretary of Defense for Financial Management. He was confirmed as the 20th Assistant Secretary of the Air Force for Financial Management and Comptroller on Dec. 19, 2007.

Town Hall meeting



U.S. Air Force Photo by 2nd Lt. George Fowler

Colonel David Reth, 14th Operations Group commander, Col. Mark Brown, 14th Mission Support Group commander, Col. Diane Fletcher, 14th Medical Group commander and David Olson, DynCorp Division Manager were all part of the questions and answers board at the town hall meeting Tuesday night at the Club. Col Jeff Dunn, 14 Flying Training Wing vice commander, moderated the question and answer portion of the meeting.

CFC in full swing



U.S. Air Force Photo by 2nd Lt. George Fowler

Colonel Jeff Dunn, 14th Flying Training Wing vice commander, speaks to unit points of contact for the Combined Federal Campaign that kicked off Monday morning and runs until Nov. 7. The representatives for each group are: Medical Group, Staff Sgt. Jennifer Hullman, x2188, Operations Group, 1st Lt. Brent Thompson, x7656, Mission Support Group, Technical Sgt. Shannon Sparks, x2020 and Wing Staff Agencies, SSgt. David Jeffcoat, x7020.

Flu Vaccination Times and Location

10 OCT 08: 1 - 4:30 p.m. — Active Duty Fliers only — Phillips Auditorium
16 OCT 08: 12 - 4:30 p.m. — MIL, CIV, and Contract Personnel — Fitness Center
17 OCT 08: 8 a.m. – 1 p.m., 2 – 4:30 p.m. — MIL, CIV, and Contract Personnel — Fitness Center

Sundays @ 7:00 PM in CAFB Chapel

MtVernon Church

@ Columbus Air Force Base

www.mtvchurch.com



AEF move to AFPC now complete

RANDOLPH AIR FORCE BASE, Texas — Air Force officials held a formal ribbon-cutting ceremony designating full operational capability for the Air and Space Expeditionary Force and Personnel Operations Directorate Sept. 26 at the Air Force Personnel Center here.

The AEF Center, previously located at Langley Air Force Base, Va., became a direct reporting unit of AFPC in August 2006 and was named one of AFPC's seven directorates in June 2007.

In January, AFPC's Readiness Division and Casualty Matters Division were combined with AEF operations to create the AEF and Personnel Operations Directorate to merge deployment and personnel processes.

"Achieving (full operational capability) means we can replicate all the functions here that were performed at Langley," said Steven Kelley, the AEF and Personnel

Operations deputy director. "Our goal was to make this transition seamless and invisible to our customers and to the combatant commanders."

Much of the credit for that seamless transition was due to the behind-the-scenes efforts of AFPC's systems operations professionals, Mr. Kelley said.

AFPC officials earned initial operating capability for the AEF computer systems migration from Langley AFB when the sourcing and scheduling of a deployment requirement was completed Aug. 31, 2007. Since then, a myriad of technical challenges have been met and overcome, such as increasing the bandwidth of the base's Secure Internet Protocol Network, bringing all the AEF servers and databases online and rewiring the bulk of the telephone and computer networks in AFPC's main building.

Now, with the physical move of personnel, capabilities

and the systems migration complete, the AEF and Personnel Operations Directorate can focus on improving its AEF methodology as they daily provide Air Force capabilities to the warfighter.

While making improvements to the AEF methodology, the directorate also wants to simultaneously take care of Airmen, said Col. Paul Ackerley, the AEF and Personnel Operations director.

"We never lose sight of the fact that we have a dual obligation to the combatant commander and to our Airmen," the colonel said. "Each day, we focus on the requirements of the combatant commanders while working hard, in coordination with the major commands and bases, to ensure our Airmen receive timely notification of a deployment and any associated predeployment training."

Airmen support new Hollywood movie 'Eagle Eye'

ANDREWS AIR FORCE BASE, Md. — Members of the Air Force Office of Special Investigations will get ready for its close-up Sept. 26 as the movie "Eagle Eye" will be released to selected theaters around the country.

The movie stars Shia LaBeouf and Michelle Monaghan and is directed by D. J. Caruso.

"This was a great opportunity for the Air Force to be involved in such an action-packed thriller that reflects our core values through a prominent character in the story," said Lt. Col. Francisco Hamm, the Air Force Entertainment Liaison Office director.

The Air Force Entertainment Liaison Office is the single point of contact for information and assistance with entertainment productions having Air Force themes or segments. The office offers direct access to Air Force people, aircraft, equipment, technical assistance, military advice and locations, and ensures that projects highlighting the missions and members of the Air Force are plausible and realistic.

Although the story is not specifically about the Air Force Office of Special Investigations, the Air Force's participation afforded the opportunity to highlight the dedication and professionalism of the AFOSI mission through the character Special Agent Zoe Perez, played by actress Rosario Dawson.

"We worked very hard with the filmmakers to develop this character in this film," Colonel Hamm said. "It allowed us to depict the Air Force as being on the front lines of the war on terrorism and gave us the chance to highlight this normally low key investigative organization."

The story is about two strangers who become the pawns of a mysterious woman they have never met, but who seems to know their every move. Realizing they are being used to further her diabolical plot, they must work together to outwit the woman before she has them killed.

Other well-known stars in this film include Anthony Azizi and Billy Bob Thornton. "Eagle Eye" is a DreamWorks production and produced by Steven Spielberg, Ed McDonnell and Roberto Orci.

Air Force Entertainment Office members previously worked with Mr. Spielberg and Mr. Orci on several previous projects including "Transformers" and "War of the Worlds."

"Many of their movies reflect our Air Force core values and depict characters who fully embrace them," Colonel Hamm said.

The two project officers who worked on the film were Senior Master Sgt. Vince Arragona and Capt. Christian Hodge.

"The Air Force is involved with 'Eagle Eye' because of our overall increased profile in Hollywood in the last few years. The producers were familiar with the Air Force Entertainment Liaison Office from our work on 'Transformers' and 'Iron Man' and wanted the Air Force to be an integral part of the film," Captain Hodge said.

"Sergeant Arragona and Captain Hodge did a great job in working with the filmmakers on making our character plausible and accurate as well as coordinating all the moving pieces for such an action-packed thriller," Colonel Hamm said.

Some of the assistance provided to "Eagle Eye" included script and story development, dialogue to enhance the authenticity of character development, wardrobe and uniform assistance, cast training and research visits for project development.

"We coordinated Rosario Dawson's meetings with AFOSI agents at both Andrews Air Force Base and Los Angeles AFB, Calif., for several days as part of her research," Colonel Hamm said.

AFOSI husband and wife team, Special Agent Christopher Ouellette and Special Agent Rachel Ouellette were Rosario Dawson's personal escorts for two days during her visit to Andrews AFB and the Pentagon. Both agents talked at length with the actress about what it's like being an AFOSI agent.

"Since Rosario was totally unfamiliar with AFOSI, it was really important for her to understand our mission well, in order to accurately depict her character in the movie," Special Agent Rachel Ouellette said. "When she left Andrews, she really had a very good understanding of AFOSI's role, how we support the Air Force and how we work with our other federal law enforcement agency counterparts."

The actress also spent some time at the Pentagon with Agent Christopher Ouellette where she got a sense of the inter-workings of the Pentagon's hierarchy and overall mission in our nation's defense.

"Rosario quickly grasped the Pentagon's mission, organizational structure and AFOSI's computer crime mission,"



U.S. Air Force photo by Staff Sgt. Brian Ferguson

An MQ-9 Reaper, like the one pictured here, is featured in the movie "Eagle Eye."

Agent Christopher Ouellette said. "We also discussed the fact that AFOSI is the Department of Defense's leader in computer crime investigations," he added.

In addition to the AFOSI character, the film also features the C-17 Globemaster III, KC-135 Stratotanker, F-16 Fighting Falcon and C-130 Hercules. An HH-60G Pave Hawk was also used for both aerial and ground photography in San Pedro, Calif.

Aerial filming included a UH-1N Huey landing at the Pentagon and the filming of the MQ-9 Reaper at Creech AFB, Nev. The Air Force also provided Airmen as extras in several military-related scenes in Washington, D.C., and Los Angeles.

Air Force officials said they will continue to take advantage of opportunities to build awareness and inform the American public about the Air Force through movies when the characters and Airmen portrayed reflect our core values.

"By officially supporting these projects, we are able to ensure the depictions of our capabilities and our Airmen are as credible as possible, and that helps us educate the public and builds Air Force morale," Colonel Hamm said.

The office is currently working on the Michael Bay film, "Transformers II: Revenge of the Fallen," and developing several other projects that could feature the Air Force.

National Fire Prevention Week 2008: "Prevent Home Fires"

Lt. Col. Peter Ridilla

14th Civil Engineer Squadron Commander

National Fire Prevention Week was established to commemorate the Great Chicago Fire, the tragic 1871 conflagration which killed more than 250 people, left 100,000 homeless, destroyed more than 17,400 structures and burned more than 2,000 acres. The fire began Oct. 8, 1871, but continued into and did most of its damage on Oct. 9, 1871. On Oct. 9, 1911, Fire Marshals Association of North America sponsored the first National Prevention Day. In 1920, President Woodrow Wilson issued the first national Fire Prevention Day proclamation. By 1925, President Calvin Coolidge proclaimed the first National Fire Prevention Week, which was Oct. 4 through 10, 1925. He noted that in the previous year approximately 15,000 lives had been lost to fire in the United States. President Coolidge's proclamation stated, "This waste results from conditions that justify a sense of shame and horror; for the greater part of it could and ought to be prevented. It is highly desirable that every effort be made to reform the conditions that have made possible so vast a destruction of the national wealth."

That's why Columbus AFB Fire Emergency Services is teaming up with National Fire Protection Association from



Oct. 4 through 11 to urge Columbus AFB & local residents to prevent home fires during Fire Prevention Week. This year's campaign focuses on preventing all the leading causes of home fires – cooking, heating and electrical equipment and smoking materials. Additionally, fire safety educators will be teaching local residents how to plan and practice escape from a home in case a fire occurs.

According the latest research from NFPA, more than 2,500 people died in home fires in the United States in 2006 and 12,500 were injured. Fire departments responded to 396,000 home fires, which accounted for 80 percent of civilian deaths and 76 percent of injuries that year.

Do you know how to save your self from a fire and keep your home safe from fire hazards? The majority of home fires occur in the kitchen area and, for obvious reasons, special precautions must be taken to prevent them from happening. Reviewing the following information and taking action can help you prevent home fires during Fire Prevention Week and year-round.

Never leave cooking unattended. If you leave the kitchen, turn off the stove.

When doing any type of cooking, keep a tight fitting lid nearby to smother the flames if a fire occurs.

Keep the stove clean from accumulated grease.

Clean or replace hood filters periodically.

Unplug kitchen appliances when not in use.

Teach children not to reach near the stove or play in the kitchen.

When barbecuing, only do so outdoors with approved charcoal lighter fluid.

Key tips to remember when planning an in-home exit fire drill:

Fire Safety starts with a plan. Make a map of your home, identify all exits and agree on a meeting place outside. **REVIEW IT & KNOW IT!**

Teach kids to look for signs of danger. Check doors for heat before opening them. A hot or warm door means there is danger on the other side and a different exit should be used.

Smoke rises, so stay low if there is smoke. The air in a smoky environment is safest near the floor.

Establish a meeting place at a safe distance from your house. If possible, bring a cell phone and call for help after your family has safely exited the house. Once out, never return back into a burning structure.

Fire Prevention Week is actively supported by fire departments across the country. For 85 years fire departments have observed Fire Prevention Week, making it the longest running public health and safety observance on record. Do your part and help to prevent home fires.

Heritage: honoring our past, forging our future

Lt. Col. Jose Aleman

14th Force Support
Squadron Commander

Heritage is one of those things which brings a special sense of pride about who we are—as a group of people belonging to an organization and as Americans. I found the theme for this year's Air Force Ball, "Honoring our Past, Forging our Future," a perfect starting point for this short article marking Hispanic Heritage Month. Every country in the world has an ethnic beginning and foundation. As a nation of immigrants, America is the best example of how celebrating the heritage of ethnic groups can actually unite us all. Honoring our past means celebrating who we are and the accomplishments of those before us. When we do so, we move forward in shaping the future of our great nation.

As an American Airman of Hispanic descent, I'm driven to



contemplate my own heritage during this month. Mr. Webster defines "heritage" as "something acquired from a predecessor" or "something possessed as a result of one's natural situation or birth." Synonyms listed are legacy, tradition, birthright. Hispanics are diverse and multifaceted; family, food, music, patriotism, love of freedom and other traditions help define my heritage.

So according to Mr. Webster, since I was born Hispanic, I have a place in a culture rich with values focused on faith and family. My parents instilled in me the premium values of hard work, education and commitment to family and country. My hope is that I have sustained my parents' and grandparents' and their parents' legacy in passing these tenets on to my children. In this regard, all of us share one thing in common and herein lies our hope for the future.

The U.S. Air Force is also

steeped in its own traditions and over the last 25 years of serving as an American Airman, I have had the humbling opportunity to deepen and reinforce my own heritage. Our core values – integrity, service before self and excellence in all we do – make me proud to serve my country, to continue the legacy of our predecessors and to pass on the Air Force legacy to those who will follow.

We, as members of U.S. Armed Forces, shoulder a huge responsibility to safeguard our country's vast heritage, the cornerstone of which is freedom. Despite ethnicity, education, family situation or career choices, we as Americans have the birthright to form our own opinions and voice the same, to worship as we choose, to have all the children we want or to have none at all, and so many other day-to-day freedoms easily taken for granted. Opportunity, just like freedom, is abundant for those who want it and are willing to sacrifice for it. This is our inheritance, our tradition and our legacy—no matter our origin.

USAFA credited for success



Department of Defense photo by Rudi Williams
Linda Garcia Cubero, the first Hispanic woman graduate of a service academy, said the Air Force Academy had a tremendous effect on her career and her success in the Air Force and in the corporate environment.

Old Dominion
State Base

Capt. Tony Wickman
USAFE Public Affairs

ACROSS

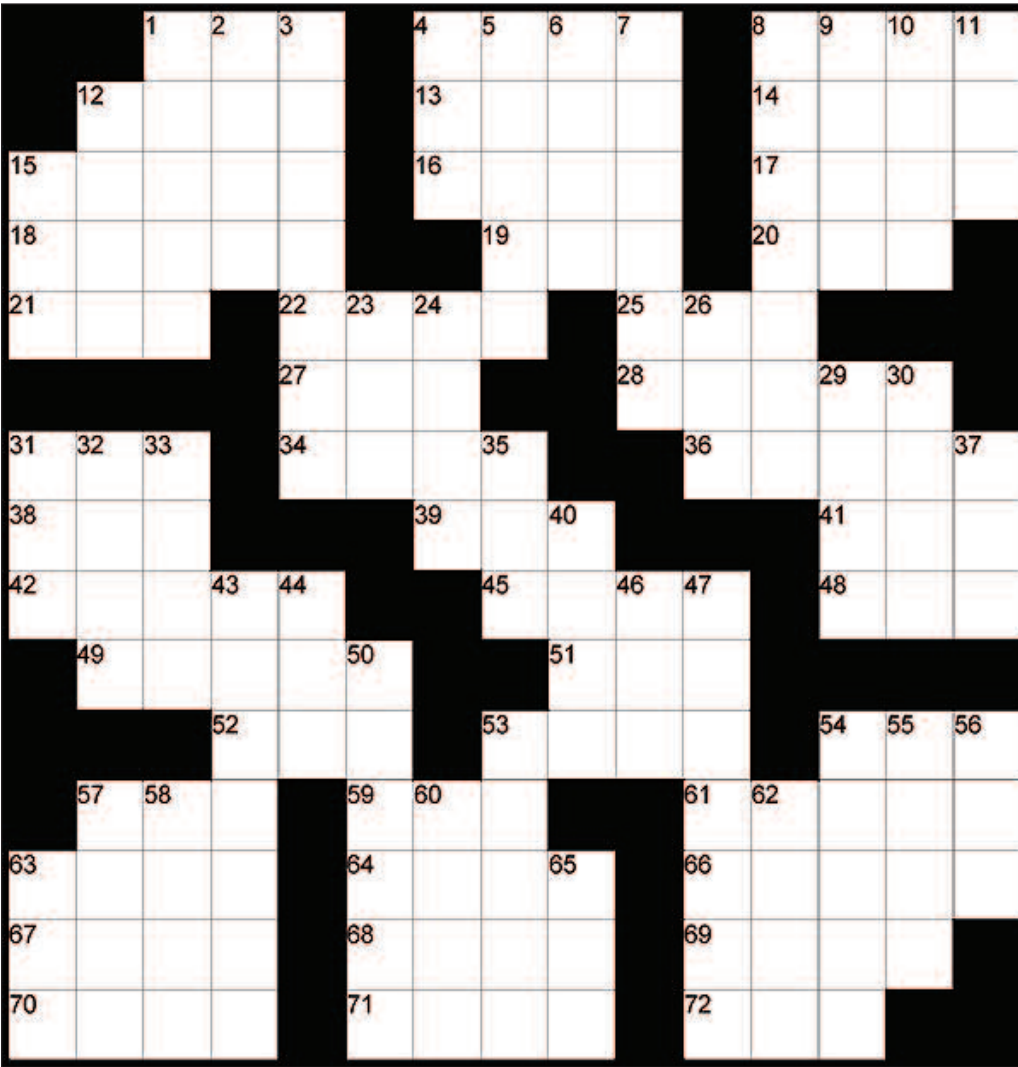
- 1. Craze
- 4. Declare
- 8. Huge
- 12. First female U.S. Attorney General
- 13. Tomb Raider Croft
- 14. Egyptian goddess of fertility, and wife of Osiris
- 15. Existence
- 16. Fall
- 17. African river
- 18. Start again
- 19. Animal doc
- 20. Feline
- 21. Model/actress Carol
- 22. Woodwind
- 25. Lyrical poem
- 27. Horse food
- 28. Rustic
- 31. MAJCOM Old Dominion State base is assigned
- 34. Podium
- 36. Rot
- 38. USAF annual health exam
- 39. Made a lap
- 41. Hurricane center
- 42. F-15; plane assigned to the Old Dominion State base
- 45. Colorless
- 48. Mil. ID
- 49. Business accords
- 51. Epoch









- 52. Zero
- 53. Gawk at
- 54. Speck
- 57. 192 FW at Old Dominion Base is this component of USAF Total Force
- 59. Dined on
- 61. Red or pink cosmetic for coloring the cheeks or lips
- 63. Strip off a rind
- 64. Converts hides into leather
- 66. Moderator
- 67. Ripped
- 68. Among others, briefly
- 69. Latch on to
- 70. Raggedy Ann's pal
- 71. Depend on
- 72. Attempt

DOWN

- 1. Evasive action
- 2. Actress Heche
- 3. Old Dominion State tree
- 4. USAF PME for SrA
- 5. Bibcock
- 6. Great Lake
- 7. F-22; plane assigned to the Old Dominion State base
- 8. Aut ____ Aut Mori; Old Dominion State Base unit shield motto
- 9. Continent home to 374 AW
- 10. Fine sand
- 11. Mao ____-tung; Communist China leader
- 12. Fishing equipment
- 15. Swimsuit part
- 23. Sheep's noise
- 24. ANG base in Mass.

- 26. Bomb failure
- 29. Pilots with 5+ aerial victories
- 30. Potato chip maker
- 31. Mock
- 32. African country
- 33. Actor Nicolas of National Treasure
- 35. Blue
- 37. Desire
- 40. Oak or elm
- 43. Namesake of the Old Dominion State base
- 44. NY Giant
- 46. ____ We There Yet?
- 47. Current 1 FW commander at the Old Dominion State base
- 50. Current 1 FW Command Chief at the Old Dominion State base
- 53. Of, pertaining to, or involving punishment, for crimes
- 54. Wonderful
- 55. Double curve molding
- 56. Golf prop
- 57. Long time
- 58. Geek
- 60. Capt. Steve ____ of 71 FS at Old Dominion State base; shot down Iraqi F-1 Mirage during Operation Desert Storm
- 62. Actor Sharif
- 63. School org.
- 65. Cunning



							Amn	
					Amn	CMSgt		
Amn	CMSgt		SSgt					SrA
	AB				A1C			SMSgt
		TSgt		SrA				
SMSgt							SrA	TSgt
					CMSgt		TSgt	Amn
		Amn			MSgt			
	SMSgt	AB						

RANKS

To solve, place an enlisted rank into each box so that each row across, each column down, and each small 9-box square within the larger diagram will contain every enlisted rank. In other words, no rank E1 – E9 may appear more than once in any row, column, or smaller 9-box square. Working with the ranks already given as a guide, complete each diagram with the missing ranks that will lead to the correct solution.

Mon	Tue	Wed	Thur	Fri	Sat/Sun
6	7	8 Honorable John Gibson II Visits (SAF/FM) Starkville Military Affairs Committee Tour 1045-1500	9 James Brown, F22 Test Pilot	10 09-01 Assignment Night @ 1700	11/12
13 Columbus Day Holiday	14 OSC Social 1800 @ Club	15 BLAZE Lunch Bunch 1100 - 1400 @ Club	16 National Bosses Day Dorm Dinner @ 1700	17 Flu Mist 0800 - 1630 @ Fitness Center	18/19 Caledonia Day 0800 - 1700 EMCC vs. Itawamba Football 1400 @ West Point 14 OSS Dining In 1800

Long Term Events

- Oct. 20 - 10-01 Pilot Partner Welcome
- Oct. 21 - 09-09 Track Select
- Oct. 23 - Daedalian's Dinner

- Oct. 24 - 09-01 Graduation: Maj. Gen Eichhorn.
- Oct. 31 - Enlisted Promotions
- Oct. 31 - Halloween

Fire Emergency Services Fire Prevention Week 2008



This year's theme:
"Prevent home fires"



Columbus AFB Fire Emergency Services opens its doors for the 2008 Fire Prevention Week. This year's theme is preventing home fires. The Columbus AFB Fire Department has put together a very special week to educate the community as well as have fun and see some great demonstrations. The week kicks off with a Fire Department open house from 8 a.m. to 2 p.m. at the Fire Station. Bring the kids and get ready for a very exciting day at the Fire Department. Just when you thought the day was over, the Fire Department will rally the entire fleet of fire trucks for a parade through base housing, along with everyone's favorite fire safety dog, "Sparky". Below are the fire truck driving routes through each housing area, starting at 3 p.m. in Magnolia and ending in Capitol, traveling in the direction of the white arrows. Occupants not living in or near the driving route should move to the nearest route location. Fire trucks must adhere to the driving route to ensure they do not get stuck in tight locations.



Fire Emergency Services Open House activities:
Oct. 4 from 8 a.m. to 2 p.m.

Sparky the Fire Safety Dog will greet base patrons at the Main Gate from 7 a.m. to 8 a.m. Oct. 4.



Be sure to come down during the open house to take pictures and capture all those memorable moments with Sparky and friends!



The smoke house trainer trailer will be on display Oct. 4 from 9 a.m. to noon in the field across from the Columbus Club and Oct. 11 from 9 a.m. to 3 p.m. in the Capital housing area. Here families can interact with fire fighters and learn and practice in-home exit drills with smoke trainer glasses.

Partnered with Pinnacle

Don't play with matches



Do keep a fire extinguisher nearby



Don't leave things burning unattended



Do remember to change the batteries in the smoke alarm



Fire Fighter Skills Test

- Try your skills at hose roll bowling
- Virtual Fire Extinguisher Trainer
- Challenge friends to a bunker drill test



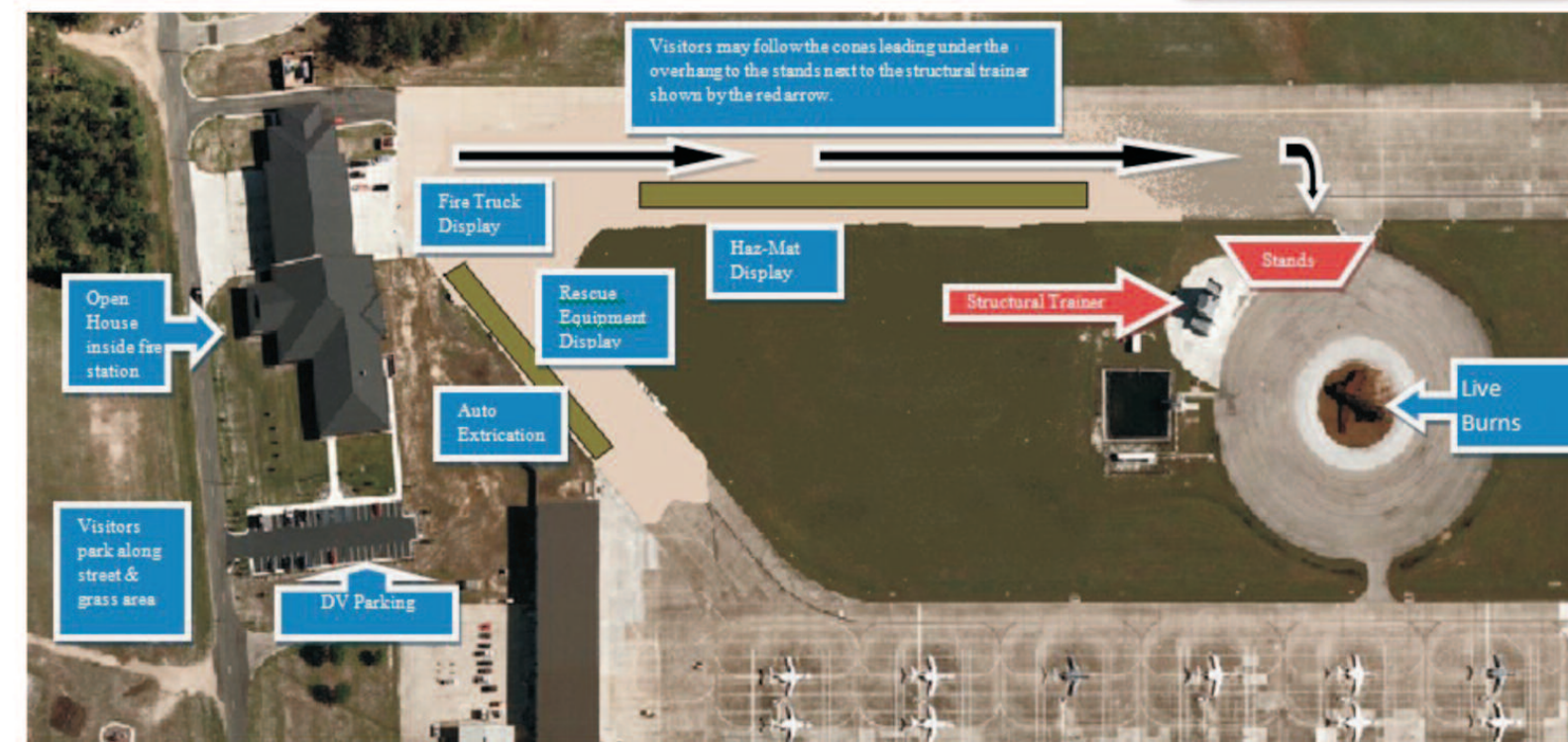
The entire Fire Emergency Services vehicle fleet will be on display.

HOT—HOT—HOT

Oct. 4 Live Burn Demos!

10 a.m.: Automobile extrication utilizing jaws of life

12:30 p.m.: Live fire aircraft burn exercise and aircraft firefighting vehicle demonstration.



Once the open house festivities are complete, the Fire Department will continue on with the Fire Prevention Safety Week by welcoming local off-base elementary schools to visit.

Oct. 4 - 9 a.m. - noon: Fire prevention trailer along with Pinnacle on display for State/Magnolia Housing.

Oct. 6-9 - 6:30 a.m. - 7:30 a.m.: Sparky will be at Main Gate welcoming personnel to the base.

- 8 a.m. - 3 p.m.: Local school visits Fire Station.

Oct. 10 - 8 a.m. - 3 p.m.: Fire prevention trailer set up at Child Development Center along with Sparky.

Oct. 6-10 - Smoke house trainer on display at BX/Commissary parking lot at various times throughout week.

Oct. 11 - 9 a.m. - noon: Fire prevention trailer along with Pinnacle on display for Capitol Housing.



United Way of Lowndes County

CFC # 43770

Why United Way?

Since 1954, contributions to United Way of Lowndes County have supported a network of care made up of local agencies working together to meet the needs of our community.

Volunteers from throughout Lowndes County meet annually to review each agency to ensure that sound fiscal practices are followed and to determine how your contribution can make the greatest impact.

United Way of Lowndes County partners with community resources to advocate and provide solutions to issues that affect the quality of life of our residents.

The Community Volunteer Center opened in 2005 as an internal service of United Way of Lowndes County. The center links individuals, families and volunteer groups with meaningful projects and services that enhance the work of local charities, faith-based organizations and government agencies.

Our community can count on United Way involvement when disaster strikes. United Way staff are members of the Local Emergency Planning Committee and participate in a variety of recovery efforts following major weather events. Since 2000, United Way of Lowndes County has contributed over \$150,000 in local disaster relief funds.

Less than 1% of contributions raised in Lowndes County go to our national office. In return, we receive resources that help us help local companies have successful campaigns. Following Hurricane Katrina, United Way of America provided \$40,000 in relief funds to Lowndes County.

Your Contribution Is At Work Year Around Inspiring



Helping Youth and Children Succeed

Boy Scouts (Pushmataha Council) 328-7228

Scouting activities teach leadership, citizenship, character development, physical and mental fitness, and coed career achievement.

Boys and Girls Club 244-7090

Programs help children of all backgrounds develop the moral and ethical qualities needed to become responsible citizens and leaders. After-school education programs enhance classroom achievement.

CAFB Youth Center 434-2504

Recreation and education activities provide a stimulating environment for boys and girls ages 5-18 years to learn, solve challenges, and have fun.

4-H Clubs of Lowndes County 328-2111

Community clubs, special interest projects and school enrichment programs assist youth 5-18 in acquiring positive self-concept, effective interpersonal relationships, and practical life skills through hands-on experiences.

Girl Scouts Heart of the South 328-1930

Activities provide opportunities for girls ages 5-17 to develop their highest potential, achieve goals, practice values and moral decision making, and perform community service to help others.



Providing Crisis Intervention and Disaster Relief

American Red Cross 328-5710

Provides disaster relief and single family fire assistance; services to military families and Veterans; CPR, First Aid, and HIV/AIDS education; and water safety training.

CONTACT Helpline 328-0200

Christian-based Suicide Hotline and crisis intervention center provides caring listeners, information and referral. 24-Hour First Call for Help. 1-800-377-1643

Community Resource Connection 244-3521

Connects families and individuals in need to resources and provides emergency homeless services.

Helping Hands 328-8301

Provides mortgage, rent, prescription medication, utility, food, transportation and other assistance based on emergency need. Provides disaster relief case management.

The Salvation Army 327-5137

Provides emergency shelter, transportation, utility, and prescription assistance, food, clothing, youth programs, rehabilitative assistance, and disaster services.



Base News

CAFB School Students

Elementary, Middle and High School Students who reside ON Columbus AFB, and who desire to attend a school within the Columbus Municipal School District, must file a written petition with the Superintendent of the Lowndes County School District AND the Superintendent of the Columbus Municipal School District, requesting that he/she be transferred to the Columbus Municipal School District. The Trustees of the two districts will act upon the petition NLT their next regular Board meeting. Questions, please contact the Wing School Liaison Officer, E J Griffis at 434-2792 or via email at e.griffis@columbus.af.mil.

School Testing

PSAT/SAT/ACT: With the 2008- 2009 school year now fully underway, questions with regard to PSAT/SAT/ACT testing abound. The testing window for this battery of tests is just around the corner. For info on the PSAT/SAT, please access the following Web site: www.collegeboard.com. For information on the ACT, the Web site is: www.act.org. Finally, for free SAT/ACT Test Preparation Materials, access the Military HomeFront web site at <http://www.militaryhomefront.dod.mil/> (the link to the free materials is found under Special Offers). Direct any questions you may have to the School Liaison Office at 434-2792.

Military Spouse Tuition Discount

Columbus AFB military spouses who enroll in Saint Leo University for the 2008-2009 academic year will receive a third course free when signing up for two courses! Contact Dew White at 434-8844 or visit her in the Personnel Bldg., Room 120 for more information.

Attention All Deployers

The 14th Communications Squadron has a new system which allows you to place "free" telephone calls back home from your deployed location via DSN. You can call every day or once a week; whichever you prefer (allotted time is 3.5 hours a week). Pin numbers are required and can be picked up along with instructions from the Telephone Systems office located in Building 900, Room 9. Please call 434-2020 for additional information.

MSMS Reach Out Day 2008

The Mississippi School for Science and Mathematics annual Reach Out Day for 2008 is scheduled for Oct. 4 at 10 a.m. in Hooper Auditorium, on the campus of the

Mississippi University for Women. This is a great opportunity for parents and prospective students to learn about the MSMS program. All ninth and tenth graders and their parents are invited to attend. Direct any questions you may have to the School Liaison Office at 434-2792.

Saint Leo University

Saint Leo University is now enrolling students for the Oct. 20 to Dec. 13 term. Classes are available on-base, on the Internet, and on CD-ROM. Please contact Ms. Dew White in the CAFB Saint Leo University office at 434-8844 or stop by Room 120 in the Personnel Bldg. (926).

DRMO

Authorized personnel may retrieve property that is marked for DRMO Facilities only if they are still physically located in Base Supply. For more information, call 434-7233 to review the property or call Stock Control Section at 434-7179 or 434-7198. To check for authorization and Demand Processing Section, call 434-7178 to order the property. All other DRMO processing is done via the Web at www.drms.dla.mil.

Supply Customer

If you are looking for that special piece of equipment or furniture for your office, your point of contact is the Inspection Section of Base Supply. Inspection maintains the Last Look Area, which has used equipment and furniture turned in from other organizations that no longer have a need for the items. All items in the Last Look Area are available without charge to your organization. For more information, you can contact the Inspection Section at 434-7233 or 434-7234.

Airman and Family Readiness Center

(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790 or email afrc@columbus.af.mil.)

Pre-Deployment Brief

There is a mandatory briefing for active duty personnel who are deploying or going on a remote tour. The brief is held every work day at 9 a.m. Spouses are welcome to attend.

Post-Deployment Brief

This mandatory briefing is for active duty personnel who are returning from deployment or a remote tour are held daily at 1:30 p.m. at the A&FRC. For more information, call 434-2790.

Preseparation Counseling

This mandatory briefing for personnel separating or retiring to be completed at least 90 days prior to separation is held daily at 8:30 a.m. May complete up to 12 months prior to separation or retirement. This briefing takes approximately 30 minutes. For more information, call 434-2839 or 434-2790.

Microsoft Word

This workshop will be held at the Airman & Family Readiness Center starting Oct. 20 from 2 p.m to 4 p.m. The class meets Monday, Tuesday and Wednesday for two weeks ending Oct. 29. You will learn how to effectively use Microsoft Word. There is no cost and the workshop is open to active duty, retirees, NAF, civil service, family members and contractors. To register, call 434-2790 or e-mail afrc@columbus.af.mil.

Microsoft Excel

This workshop will be held at the Airman & Family Readiness Center starting Oct. 20 from 4:15 p.m. to 6 15 p.m. The class meets Monday, Tuesday and Wednesday for two weeks ending Oct. 29. You will learn how to create and manage excel spreadsheets, enter data and create formulas. There is no cost and the course is open to active duty, retirees, NAF, civil service, family members and contractors. To register, call 434-2790 or email afrc@columbus.af.mil.

Telephone Directories

Local AT&T "The Real Yellow Pages"® are available at the Airman and Family Readiness Center. Stop by and pick up your free copy.

Budgeting Basics

This event is held every Wednesday from 11 a.m. to noon at Airman & Family Readiness Center. Learn practical ways to

tell your money where to go rather than wonder where it went. For more information, call 434-2790.

AFAS...Air Force People Helping Each Other

Sudden emergency and no cash? It can happen to anyone. Your Air Force Aid Society has assisted Air Force people for 66 years and is there to help you. Call 434-2855 for more information.

Employment Workshop

There is an employment workshop every Wednesday at 1 p.m. Airman and Family Readiness Center. Participants will learn about local and base employment opportunities. For more information, call 434-2790.

Chapel Schedule

Protestant

Sunday: 9 a.m. — Adult Sunday School
10:45 a.m. — Traditional
Worship Service (Children's Church)

All are invited to a fellowship luncheon following the 10:45 a.m. service the fourth Sunday of each month

Mt. Vernon Church

The Columbus AFB Mt. Vernon contemporary service is held every Sunday at 7 p.m. in the Base Chapel.

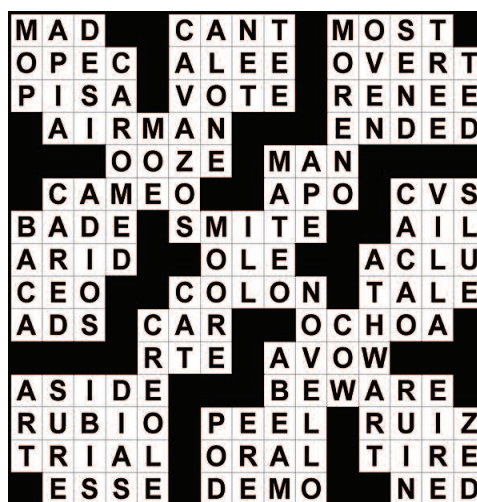
Catholic










Thursday
5 p.m. — Choir Practice

Sunday:
4:30 p.m. — Confession
4:30 p.m. — Choir Practice
5:00 p.m. — Mass

SOLUTION FOR LAST WEEK

(Current weeks puzzle on page 9)



KC-135	MH-53		C-17		HH-60	KC-10	C-5	C-130
C-130	CV-22	C-5	MH-53	KC-10	KC-135	C-17	C-21	HH-60
KC-10	HH-60	C-17	C-5	C-21	C-130	CV-22	KC-135	
C-5	KC-135		CV-22	MH-53	C-21	C-130	KC-10	C-17
C-17	KC-10	CV-22	C-130	KC-135	C-5	HH-60	MH-53	C-21
MH-53	C-21	C-130		HH-60	C-17	C-5	CV-22	
HH-60		KC-10	C-21	C-5	MH-53	KC-135	C-130	CV-22
CV-22	C-130	MH-53	KC-135	C-17	KC-10	C-21	HH-60	
C-21	C-5	KC-135	HH-60		CV-22	MH-53	C-17	KC-10

Base families provided with recreational options

Wrestling

The Fitness Center is hosting the International Championship Wrestling team to compete at the David Lavender Coliseum at 7 p.m. tonight. Tickets are on sale at the Fitness Center and the Information, Ticket and Travel office for \$10 for adults and \$5 for children, ages 2 to 12. All ringside seats are \$15 and are on a first come, first serve basis. At the door prices will be \$20 for ringside, \$15 for adults and \$10 for children 2 to 12. The doors open at 6 p.m. For more information, call 434-2772.

Block Party, Live Entertainment

The Columbus Club and The Landings at Columbus are co-hosting a free block party with live entertainment starting at 11 a.m. Saturday across from the Columbus Club. "Freeway" will provide the entertainment with the musical stylings of "Lyrics" playing during their breaks with karaoke. Children's jumps such as a giant slide and Spiderman will be available for the children. There will be free sodas and water while it lasts. Food will be available for a small fee. There will be door prize giveaways and more. For more information, 434-2490.

Automotive 101 Course

The Auto Hobby Shop offers this free class on basic auto maintenance at 5 p.m.

Oct. 23. Course includes tire changing, fluid checks, oil change and more. Call 434-7842 to reserve your slot in the class.

Auto Hobby Shop Oil Change

The Arts and Crafts Center offers this service for \$29.95 and includes five quarts oil and filter, wiper and transmission fluid check and tire pressure. Call 434-7842 for an appointment.

Movie Matinee Bowl

The Bowling Center offers a movie matinee bowl Oct. 11 starting at 2 p.m. with a free movie and popcorn while you bowl. Bowling is \$2 per game and \$1 shoe rental. For more information, call 434-3426.

Football Bowl

The Bowling Center offers patrons to watch the big game on their big screen starting at 11 a.m. Sundays while they bowl. Bowling is \$1 per game and shoe rental is \$1. For more information, call 434-3426.

Squadron Spirit Night

The Columbus Club offers a squadron spirit night from 4 to 6 p.m. Oct. 15. The 14th Force Support Squadron won the trophy last month and challenges every squadron to compete for the squadron with the most spirit. The club is also offering a catfish dinner with all the trim-

mings during spirit night. For more information, call 434-2490.

Youth Center Fall Festival

The Youth Center hosts their annual fall festival from 5 to 7 p.m. Oct. 30 with a costume contest for ages 1 to 12, carnival games for all ages, jumping castle and food. Cost is \$1 for ages 1 to 5 and for registered youth center members and \$2 for nonmembers. Parents are free. Volunteers are always welcome to help with the event. For more information, call 434-2504.

Pumpkin Carving Contest

Families and/or individuals and squadrons may register one entry in one of the two groups of competition in the Base Library's annual pumpkin carving contest. Entries are due by 1 p.m. Oct. 30 and judging will be at 2 p.m. Pick up a free pumpkin Oct. 28 to 29 or supply your own. Prizes awarded to top three in each category. For more information, call 434-2934.

New Orleans Saints Tickets

The Information, Ticket and Travel office has a limited number of tickets to the New Orleans home games. Tickets are \$45 each and are sold on first come, first served basis. Dates available are:

Oct. 26 against San Diego
Nov. 24 against Green Bay
Dec. 28 against Carolina

They have an overnight trip planned for the Dec. 7 game against Atlanta which includes transportation, lodging and ticket to the game for \$165 per person. For more information, call 434-7861.

Gatlinburg Ski Trip

The Information, Tickets and Tours office offers this trip Jan. 17 to 19 but reservations must be made by Dec. 17. Cost is \$235 per person and includes transportation, two meals, chalet lodging for two nights, lift tickets and rentals or \$195 per person without rentals or \$150 per person for non-skiers. Skiing is the Dec. 17 from 3 to 10 p.m. and the 18th from 10 a.m. to 5 p.m. A \$50 non-refundable deposit is required when registering. Full payment is required no later than Jan. 10. The max number of people for this trip is 14 people. For more information, call 434-7861.

Home Decor Workshop

The Arts and Crafts Center offers a

Blaze Lunch Bunch

at the Columbus Club

Every Wednesday from

11 a.m. to 2 p.m.

All plates come with one meat, two sides, roll or cornbread, tea or water
\$5.75 for club members / \$6.75 for non-members

This week's menu:

Meat choices:

Fried Chicken, Swiss Steak & Lasagna

Sides:

Macaroni & Cheese,
Garlic Mashed Potatoes,
Steamed Rice, Turnip Greens, Corn
and Tossed Salad

Desserts:

\$2.95 each

Apple Pie Ala Mode, Key Lime Pie,
Banana Cake

workshop on making a faux fireplace. Cost is \$75 and includes all materials except paint or stain and any embellishments. Class is at 5:30 p.m. Oct. 17. Must prepay and register by Tuesday at the Arts and Crafts Center. Call 434-7861 for more information.

Crafts Classes

The Arts and Crafts Center offers adult classes every Tuesday at 10:30 a.m., 2:30 p.m. or 5:30 p.m. Upcoming classes include making a bear cub welcome sign Oct. 14, a bear cub wind chime holder Oct. 21 and a wooden tree of thanks Oct. 28.

Their youth crafts classes are offered at 10:30 a.m., 2:30 p.m. and 4:30 p.m. every Wednesday. Classes are \$5 each and include all supplies. Upcoming classes include making a felt tree of thanks Oct. 15, a pumpkin bucket of fun Oct. 22 and a trick or treat bag Oct. 29. Wear your costume and get your class free on Oct. 29. A display of all the projects is in the lobby of the Arts and Crafts Center. For more information, call 434-7836.

Halloween Teen Dance, Costume Contest

The Youth Center offers this program from 8 p.m. to midnight Oct. 31 for teens. Cost is \$1 for youth center members and \$3 for nonmembers. Refreshments will be provided. For more information, call 434-2504.

Kid's Day grand prize winner



Photo by Terri Graves

Vacaria Keller-Dabner, nine, won the grand prize, an MP3 player, on Kid's Day Sept. 20 at the Youth Center.

Columbus AFB Appreciation Day: Elm Lake Golf Course will provide free golf for all Columbus AFB active duty military personnel Oct. 5 from 2 p.m. to 5 p.m. Advance tee times and military ID is required. Hamburgers and hot dogs will be served. Call 329-8964 for more information.

2008 Columbus Day Celebration: This event is free and open to the public. It will be held at the Tennessee William Welcome Center in downtown Columbus Oct. 11 from 9 a.m. to 11 a.m. There will be a pet parade, contest and blessing, a sidewalk chalk contest and live music by Two Jazzy.

26th Annual 7th Avenue Heritage Festival: The festival is a celebration of the historical significance of 7th avenue which at one time was the African American business and entertainment district of Lowndes County. Featured artists for the event are Mel Waiters and Zamp. The event is free and will take place at the corner of 7th Avenue and 15th Street North in downtown Columbus both Friday from 6:30-10p.m. and Saturday from 10a.m.-10p.m. Please come out and enjoy Happy Irby's neighborhood this weekend.

Henry Armstrong Day Events: Henry Armstrong, a Columbus, MS native, was once hailed by the New York Times as "pound for pound, the greatest fighter in boxing history." Mr. Armstrong is the only fighter in the history of boxing to simultaneously maintain three championship titles in three different divisions: featherweight, lightweight and welterweight. The Trotter Convention Center will host the Friday Night Fight event featuring eight bouts at 6:00 p.m. on Oct. 10, with Mr. Armstrong's grandson attending. On 13 Oct 2008 at 1:30 p.m., a ceremony will be held at the cemetery located one mile down the road from the Wilkins-Wise and Old Waverly intersection to mark the burial spot of Mr. Armstrong's mother. Evander Holyfield and Clarence Witherspoon, as well as other sports greats, will be attending. The Columbus-Lowndes Public Library will feature a film with Mr. Armstrong and the story of his life and accomplishments at 2:30 p.m. The Heritage Academy will host Ed Schulyer, AP Boxing Correspondent, at 7:00 p.m. for the Hazard Lecture Series. For more information on tickets for these events please call 329-1191.

For more information about local area events, e-mail AFRC@columbus.af.mil or call the Airman and Family Readiness Center at 434-2790.

Disabilities don't stop marathoners

Derek Kaufman

88th Air Base Wing Public Affairs

WRIGHT-PATTERSON AIR FORCE BASE, Ohio — A paralyzing injury from a motorcycle crash at age 20 took away Andy Houghton's ability to use his legs, but he still finished his first marathon Sept. 20.

Mr. Houghton from Hollywood, Fla., completed the 26.2 mile 12th annual Air Force Marathon piloting a sleek handcycle equipped with a derailleur and other components.

Always someone who loved sports, encouragement from people Mr. Houghton works with and for was his inspiration to enter the race. He currently serves in a position appointed by President George W. Bush as chairperson for the Committee for Purchase From People Who Are Blind or Severely Disabled, an independent federal agency.

More familiarly known as AbilityOne, the program provides employment opportunities for people who are blind or have other severe disabilities. Mr. Houghton said disabled people provide more than \$2 billion in products and services to the federal government. With 43,000 employees, AbilityOne is the largest employer for the severely disabled in the U.S.

AbilityOne tries to match skills for people across the entire spectrum of disabilities. Veterans with traumatic brain injury, one of the signature injuries of the current war, are among those who find employment via the program, Mr. Houghton said.

Now 42 years old, Mr. Houghton said he gets great per-

sonal satisfaction through sports and exercise and hopes his competing in the marathon will encourage others with disabilities to surprise themselves.

"If I can show some of the folks in our program that I can do a marathon, I hope it will inspire them to try something new and out of their comfort zone," he said. "Sports is one of the greatest motivators for people with disabilities."

As with many first-time marathoners, Mr. Houghton said he felt he ran into a brick wall in the latter part of the race, especially as the temperature rose under the sunny sky.

"At around mile 23, I was pretty tapped out. My right hand was completely numb," he said.

But encouragement from volunteers at hydration stations and fans along the course really motivated him to keep up the pace, he said.

"It was great to take part in this event. It was also great to come on base, meet with Gen. Bruce Carlson (the Air Force Materiel Command commander) and see how our program is making a difference ... by giving disabled people an opportunity to both learn new skills and give back to the military," Mr. Houghton said.

Another person who wouldn't let a disability slow him down was Army Capt. Ivan Castro. He lost his eyesight as a result of combat injuries sustained in Iraq.

Captain Castro, assigned to the 7th Special Forces Group at Fort Bragg, N.C. finished the Air Force Marathon an unofficial time of 4:16:52. Running alongside him every step of the way was Fred Dummar, an Army lieutenant colonel who commands the Special Operations Recruiting Unit at Fort Bragg.

Captain Castro said this was his first Air Force Marathon, but it definitely will not be his last. The Solider has made running long-distance races a key part of his therapy after a mortar round exploded next to him in Iraq on Sept. 2, 2006, leaving him, among other serious injuries, totally blind.

He decided to travel to Wright-Patterson AFB with his wife, Evelyn Galvis, and run in the Air Force Marathon in part because he does most of his training at Pope Air Force Base, N.C., adjacent to Fort Bragg. He thought it would also provide a good baseline pace time for his next big race, the Marine Corps Marathon Oct. 26 in Arlington, Va.

"I know the Pope Gym like the back of my hand," Captain Castro said. "The Airmen there are fantastic."



U.S. Air Force photo by Al Bright

Wheelchair racer Andrew Houghton and Army Capt. Ivan Castro exchange best wishes prior to the start of the Air Force Marathon Sept. 20 at Wright-Patterson Air Force Base, Ohio. Captain Castro, who is blind as a result of combat injuries sustained in Iraq, ran tethered alongside Lt. Col. Fred Dummar. Both special forces officers are assigned to Fort Bragg, N.C. Mr. Houghton is chairperson for the Committee for Purchase From People Who Are Blind or Severely Disabled.

He acknowledged another reason he was honored to run in the Air Force Marathon was Airmen were always there with "top cover" close-air support for coalition ground forces "whenever we needed them."

"This is a team fight. I wouldn't be here if it weren't for everyone who helped put me back together. I'm very grateful," he said.

Captain Castro's wife said she hopes his running will inspire other servicemembers with debilitating combat injuries to find the inner strength to adapt and overcome them.

"I want them to know if Ivan can do it, so can they," she said.

His training partner, Colonel Dummar, said Captain Castro's optimism and strength in the face of adversity are infectious.

"It's an honor to run with him," Colonel Dummar said. "I think I get a lot more out of this than he does."

Steelers battle in youth football



U.S. Air Force Photo by 2nd Lt. Tyler Lawhorn

2nd Lt. Nicholas Kellenbence, 14th Flying Training Wing, goes over the game plan for the Steelers as they take on the Vikings Tuesday night in the Youth Center flag football championship for the 8-11 age groups.

Sports Shorts

Saturdays at 9 a.m. For more information, call the Fitness Center at 434-2772.

Thursday Golf Scrambles: Golf scrambles start every Thursday at 4:45 p.m. Cost is \$5 plus greens fees. Open to all levels of golfers. For more information, call 434-7932.

Summer Lunch, Bowl Special: Receive two free games of bowling from 11 a.m. to 2 p.m. with the purchase of a combo meal during lunch.

Fitness Classes: The Fitness Center offers fitness classes. Spin classes are Mondays, Wednesdays and Fridays beginning at 7 a.m. Cardio kick boxing classes are Mondays and Wednesdays at 5 p.m. and aerobics is offered

Cosmic Bowling: Cosmic bowling is every Friday and Saturday from 7 p.m. to 11 p.m. Cost is \$2 per game. The night is complete with black lights, loud music, strobe lights and bowling!